

1/12/2017

Dear Colleague,

We would like to inform you about a **child trauma treatment study** that is currently enrolling participants at three community based outpatient clinics in the Commonwealth of Massachusetts. The Trauma Center at Justice Resource Institute is now recruiting children and adolescents with a history of complex trauma and their caregivers to participate in a randomized controlled trial of the Attachment, Regulation and Competency (ARC) framework as compared with treatment as usual (TAU).

Enrolled participants will receive either ARC or TAU at one of three study sites:

1. **Everett, MA:** Eliot Community Human Services Outpatient Clinic
2. **Framingham, MA:** South Middlesex Opportunity Council, Inc. (SMOC)
3. **Taunton, MA:** Community Counseling of Bristol County, Inc. (CCBC)

Treatment will be provided through typical health insurance coverage/reimbursement.

We are looking for children & adolescents:

- Ages 8-16
- With a history of overwhelming or traumatic life experiences
- Who are actively seeking treatment for behavioral, emotional, or other functional difficulties which make daily life a challenge
- Who have current health insurance or self-pay eligibility for treatment as required by the participating study site
- Who have a legal guardian who is able to provide consent (i.e., DCF cannot be the legal guardian)

What will the study involve?

- Participating in weekly therapy (24 sessions of ARC or TAU over 6-7 months)
- Completing research study evaluations at four time points (at baseline, after 12 weeks of treatment, after 24 weeks of treatment, and 6 months after treatment ends)

What are the benefits of participating?

Families will receive financial compensation up to a total of \$350 for completing research study evaluations.

It is anticipated that all children and families participating in this study, whether receiving ARC or TAU, will receive benefits from treatment, which may include:

- Improved behavioral functioning
- Decreased symptoms of PTSD
- Improved caregiver capacities and well-being

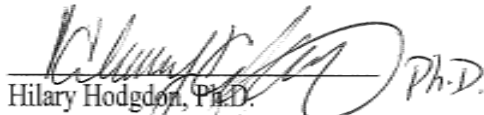
Enclosed, you will find flyers that you can share with colleagues and families who may benefit from learning about these services.

If you would like to talk with our research staff about the study and referral process, please contact us. Our research staff is also available to present information about the study and answer questions at your staff meetings.

To learn more about participation in this research study or with questions, please contact:

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Sincerely,


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