

Are you looking for support for your child and family? Has your child experienced significant life stress?

Child Trauma Treatment Study

The Trauma Center at JRI invites you and your family to participate in a research study examining the effectiveness of a child/adolescent trauma treatment, Attachment, Regulation and Competency (ARC) compared to treatment as usual (TAU) at participating clinic sites in Everett, Framingham, and Taunton, MA.



The goal is to determine the effectiveness of ARC treatment compared to TAU.

We are looking for children & adolescents:

- Ages 8-16
- With a history of overwhelming or traumatic life experiences
- Who are actively seeking treatment for behavioral, emotional, or other functional difficulties which make daily life a challenge
- Who have current health insurance or self-pay eligibility for treatment as required by the participating clinic
- Who have a legal guardian who is able to provide consent (i.e., DCF cannot be the legal guardian)



What will the study involve?

- Completing a phone screen with the Project Coordinator
- Completing a 3-4 hour baseline evaluation (children and caregivers will be interviewed separately)
- Participating in weekly therapy (24 sessions of ARC or TAU over 6-7 months)
- Completing research study evaluations at four time points (at baseline, after 12 weeks of treatment, after 24 weeks of treatment, and 6 months after treatment ends)

What are the benefits of participating?

- Families will receive compensation up to a total of \$350

Potential benefits from treatment may include:

- Improved behavioral functioning
- Decreased symptoms of PTSD
- Improved caregiver capacities and well-being

To participate or with further questions, please contact:

Katie McCarthy, Ph.D., Project Coordinator at the Trauma Center at JRI
(617-232-1303 x 2020), email: kmccarthy@jri.org

To begin the process for intake services, please contact:

Ann Fitzgerald, LICSW at Eliot Services in Everett **(781-388-6283)**
Jamie Amaral, LMHC at SMOC in Framingham **(508-879-2250 x 3116)**
Karen Turner, LMHC at CCBC in Taunton **(508-977-8140)**