**Treatment of Complex Childhood Trauma: The Attachment, Self Regulation, and Competency (ARC) Framework**

Presenter: PRESENTER NAME

Dates: PRESENTATION DATES

**Thank you for participating in this training. To help us continue to make our training procedures more effective, we appreciate your taking the time to complete the following items.**

**CONTENT OF TRAINING**

*Please rate the degree to which you agree with the following statements.*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day 1 As a result of this training, participants will be able to:** | | | | | |
|  | **Strongly Somewhat Strongly Disagree Agree Agree** | | | | |
| Define complex trauma and identify at least 3 consequences of early complex trauma exposure. | 1 | 2 | 3 | 4 | 5 |
| Identify and briefly describe the 3 domains of the ARC framework. | 1 | 2 | 3 | 4 | 5 |
| Identify and briefly describe the 8 core targets of the ARC framework. | 1 | 2 | 3 | 4 | 5 |
| Identify and briefly describe the role of routines and psychoeducation in trauma-informed practice. | 1 | 2 | 3 | 4 | 5 |
| Identify key members of the caregiving system within the participant’s own system and / or with their client population. | 1 | 2 | 3 | 4 | 5 |
| Identify at least one way that the core attachment targets apply to the participant and/or providers within the participant’s system. | 1 | 2 | 3 | 4 | 5 |
| Identify one way to support safe caregiving systems for trauma-impacted youth. | 1 | 2 | 3 | 4 | 5 |

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| --- | --- | --- | --- | --- | --- |
| **Day 2**  **As a result of this training, participants will be able to:** | | | | | |
|  | **Strongly Somewhat Strongly Disagree Agree Agree** | | | | |
| Compare and contrast at least two patterns of youth dysregulation, including function of the adaptation. | 1 | 2 | 3 | 4 | 5 |
| Identify at least two key targets of intervention for supporting youth regulation. | 1 | 2 | 3 | 4 | 5 |
| Identify at least 2 activities that can be used to support regulation. | 1 | 2 | 3 | 4 | 5 |
| Identify and describe at least one aspect of self and identity that may be impacted in trauma-exposed youth. | 1 | 2 | 3 | 4 | 5 |
| Describe one “entry point” for supporting decision-making in youth. | 1 | 2 | 3 | 4 | 5 |
| Identify at least one strategy or activity that can be used to target executive functioning. | 1 | 2 | 3 | 4 | 5 |
| Describe at least one phase of trauma experience integration, as defined by the ARC framework. | 1 | 2 | 3 | 4 | 5 |

**QUALITY OF TRAINING**:

*Please rate the overall quality of this training by circling a number for each statement*.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Strongly Somewhat Strongly**  **Disagree Agree Agree** | | | | |
| The presenter(s) had adequate knowledge of topic | 1 | 2 | 3 | 4 | 5 |
| The presentation was understandable | 1 | 2 | 3 | 4 | 5 |
| I found the training program relevant and will be able to incorporate material into my practice | 1 | 2 | 3 | 4 | 5 |
| I had the opportunity to participate in the program and my questions/needs were addressed. | 1 | 2 | 3 | 4 | 5 |
| The program covered new material. | 1 | 2 | 3 | 4 | 5 |
| The program adequately addressed issues related to culture and ethnicity. | 1 | 2 | 3 | 4 | 5 |
| The handouts provided were helpful. | 1 | 2 | 3 | 4 | 5 |
| The facility was adequate and appropriate for session. | 1 | 2 | 3 | 4 | 5 |
| Audio-visual materials were relevant and useful. | 1 | 2 | 3 | 4 | 5 |

**ADDITIONAL QUESTIONS:**

What did you find *most* helpful about this training? May include content, format, or other aspect of presentation.

What did you find *least* helpful about this training? What would have increased this training’s effectiveness?

***Additional Comments and Suggestions***:

**For CE purposes, please complete:** Degree \_\_\_\_\_\_\_\_\_\_\_

Licensure (circle one)**:** Psychologist Social Worker Lic. Mental Health Counselor Other (please specify): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_